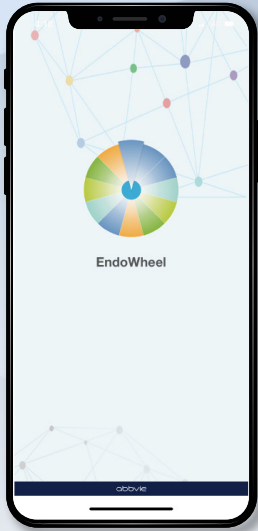abbvie

Getting started with EndoWheel

A fast and easy-to-use tool to help you assess your patient's disease burden

Why should I use the EndoWheel app?

We know endometriosis can have a significant impact on patients' lives. We also know that patients often have difficulty expressing their needs.

With the EndoWheel app, you have a patient-friendly tool designed to help you get a better understanding of endometriosis-related factors that may be affecting your patient's quality of life.

The EndoWheel includes a total of 12 statements related to 12 symptom domains. It is intended to give immediate visual representation of patient reported endometriosis disease burden and facilitate discussion between patients and HCPs on these specific issues.

What can I do with the EndoWheel app?

- **Assess your patient's endometriosis-related disease burden** quickly during office visits.
- **Use the visual aids** to enhance your conversations about the different aspects of the patient's disease burden.
- **Review the results of your patient's at-home assessments** (if they choose to securely share the results with you).
- **Set a target with your patient** and use the app to help track how the burden of their disease is changing over time.

With disease management and focus on patient's treatment goals, a patient's EndoWheel assessment may change over time

If your patient has mostly *high scores*, the completed assessment may look something like this

↑ Higher scores give a larger area and indicate high disease burden

If your patient has mostly *low scores*, the completed assessment may look something like this

↓ Lower scores give a smaller area and indicate low disease burden
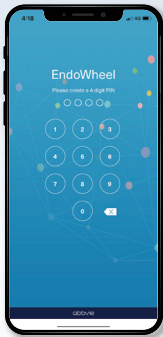
Scan code to download EndoWheel App

Download on the App Store

GET IT ON Google Play
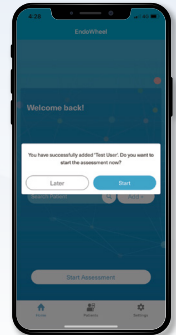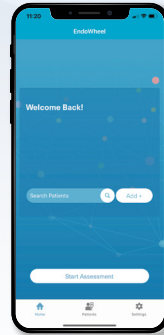
Start using the EndoWheel app

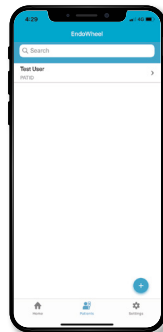**1** **Create a 4-digit PIN to sign in**

2 **Add a patient**

Tap **Add +** and follow the prompts. You can start the assessment immediately – or do it later.

3 **Select a patient—3 ways**

- Enter part of the patient's name in the **Search** field.
- Tap **Start Assessment** to see a list of patients.
- Tap the **Patients** icon to see a list of patients.

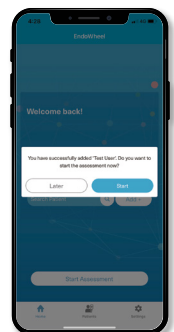You can see the patient's results or start an assessment any time.

4 **Start an assessment**

Tap **Start Assessment** after selecting a patient or tap **Start** after adding a new patient.

Ask your patient to rate the first EndoWheel assessment statement – abdominal pain – on a scale of 0 to 10, where 0 means "Absolutely disagree" and 10 means "Absolutely agree."

Repeat the process for each of the next 11 statements in the order they are presented.

5 **See the results**

After your patient has rated all 12 statements, you will see a total score plus a graphic representing the patient's disease burden.

Shapes that cover larger areas indicate a higher disease burden.

You can print the results or securely email a copy to your patient.

6 **Compare a patient's scores over time**

Select a patient to compare their assessments from multiple dates, view trends over time, or delete assessments.

Talk with your patients about the EndoWheel app

The EndoWheel app can be used by anyone living with endometriosis. Encourage your patients to download the app and make it part of their routine.

TIP

Go to the Settings section of the app for more detailed information about how results are shared.

The EndoWheel app can be used any time. Educate your patients on how frequently they should use the app and let them know that regular use can help you have a better understanding of the specific endometriosis-related issues that affect their life.

We want you to know: Patient data is private and is only stored on the mobile device where the app is downloaded. The app data can be deleted at any time via the **Settings** menu.

Get them started by giving them the Patient User Guide

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Getting started with EndoWheel

A fast and easy-to-use app to help you talk to your healthcare provider about endometriosis

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